break
the
mould.

rob thornton.

Presenter. Trainer. Journalist.

About Rob



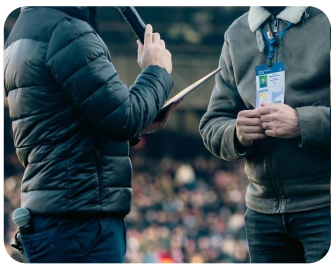
Rob is the voice behind some of the UK's biggest sporting moments — presenting for Crystal Palace FC and Netball Super League, along with being a regular face at triathlon and mass-participation events nationwide. Warm, quick-witted and endlessly adaptable, he brings the same big energy to elite sport and grassroots community events alike. He co-founded break the mould. to bring that standard to every presenter on the roster.

Showreel: https://youtu.be/u1ragxFGBFU

AS SEEN WITH

BBC CHILDREN IN NEED

SAMSUNG Haier









> *"Rob's the reason this agency exists. He's presented everything from a Formula 1 paddock to a five-a-side tournament on a Sunday morning, and brings the same prep and energy to both. Booking him means a presenter who's rehearsed, on time, and makes your event look effortless."*
>
> **— break the mould. team**

Where you'll have seen Rob

01 · Live Events

Galas, Awards & More

Host for BBC's Children in Need Annual Gala raising £500,000, presenter for Haier Horizon global product launch and MC for London Marathon.

02 · Football

Fan Zones & In-Stadium

Presenter for Crystal Palace FC since 2018 for the Men's, Women's & Under 21's teams, plus hosting fan zones at Wembley and across the UK for 4theFan. Also hosted Baller League Grand Final at the O2 Arena.

03 · Netball

NSL & England Netball

Lead presenter for Loughborough Lightning in the Netball Super League, plus host for England Netball academy & pathway events - including National Schools Finals, Prem Playoffs and Academy National Finals.

04 · Motorsport

Formula One

Host at the Formula One British Grand Prix, alongside working with teams including Williams Racing and Mercedes.

05 · Triathlon

Swim, Bike, Run

Host for the World Triathlon Championship Series in Leeds and Sunderland, British Triathlon Championship qualifiers, Blenheim Palace Triathlon, and Supertri Grand Finals in Jersey.

06 · Community

Charity & Mass Participation

Host for charities including British Heart Foundation, Demelza Hospice and Special Effect, at events including London to Brighton Bike Ride, Pier to Pier, West Ham to Wembley and Run Goodwood - spotlighting the stories behind every participant.

Highlights

Highlighted credits were booked through break the mould.

2026	**MC & Host, HOKA Clifton Pro Launch** break the mould. credit
2026	Baller League — Presenter, O2 Grand Final
2026	Haier Horizon — Presenter, Global Launch
2025–2026	Samsung — Presenter/Trainer
2025–2026	London Marathon — MC
2025–2026	Supertri — MC, Jersey Grand Final
2024	BBC Children in Need — Presenter, Gala
2022–2024	Formula 1 — Presenter, British Grand Prix
2020–2026	Netball Super League — Presenter
2018–2026	Crystal Palace FC — Presenter/Stadium PA